

For Parents:

Online Safety Advice for children and young people with Learning Disabilities.

Have you heard of **Cerebra**?

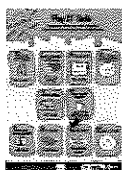
The charitable organisation Cerebra works for children with neurological problems:

<http://w3.cerebra.org.uk/> Visit their website to view and download their guide for parents 'Learning Disabilities, Autism and Internet Safety'.

The guide outlines:

- some suggestions to help parents reduce the risk of their child having negative experiences online and to understand the action to take if they do
- some resources that will help children get the most out of the Internet at home and in the community
- some case studies of actual experiences people with learning difficulties and autism have had online and learning points gained

<http://w3.cerebra.org.uk/help-and-information/guides-for-parents/learning-disabilities-autism-and-internet-safety-a-parents-guide/>



Download their Infographic 'Play It Safe' which provides tips for staying safe online when using the Internet on a computer and mobile phone.

Are you looking for advice before purchasing console games for Christmas? Parentzone has published advice and guidance including short video clips:
<http://parentzone.org.uk/article/choosing-right-console-games-christmas>

Visit:

<http://www.askaboutgames.com/>



Where families can make sense of video games and where parents/carers can access a wide range of information and advice about online safety for families:
<http://www.askaboutgames.com/playing-safe-online-useful-information-for-parents/>

Looking for help with Social Media settings?

Visit the UK Safer Internet Centre to find out about the safety features on a number of sites including:

YouTube

WhatsApp

Twitter

Tumblr

<http://www.saferinternet.org.uk/advice-centre/social-media-help>

Purchasing an iPad/iPhone for your child at Christmas?

The following advice from Apple should help you in setting up an Apple ID. We would recommend not using full name when setting up the account.

<https://support.apple.com/en-gb/HT201084>

Parental settings for iPhone can be found at:
<http://www.imore.com/how-enable-parental-control-restrictions-your-iphone-or-ipad>

The following links provide excellent advice for parents and they are constantly updated!

<https://www.internetmatters.org/parental-controls/interactive-guide/>

<https://www.nspcc.org.uk/fighting-for-childhood/about-us/partners/nspcc-o2-online-safety-partnership/>

For further help you can contact the NSPCC/o2 Helpline

The number is [08088005002](tel:08088005002)